5 Tips
5 Ideas
5 Signs

On preventing Human Trafficking and Online Child Exploitation

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5 Tips on How to Talk to your Child about Cyber Safety and Human Trafficking

- **Prevention –** talk about devices, platforms and "friends"/followers before they have online access.
- **Ask your child to teach you about their favorite platforms –** you'll learn how to use/view the platform, kids love teaching adults, pay attention to issues ontheir accounts (no privacy settings, problematic posts).
- **Talk about who follows them & if they KNOW them –** talk about what to do if someone asks/sends an inappropriate photo/video. (HINT – Don't delete it!)
- **Tell them they can tell you ANYTHING –** and then respond calmly even when something concerning happens.
- **Tell them what you learned here –** and ask them if there's anything else you need to know – dazzle them with your knowledge!

5 Ideas on How to Keep your Child Cyber Safe and Human Trafficking Aware

- **Create a Device Contract –** outline expectations and consequences or go to www.csgw.tips to download a pdf.
- **Lead by Example –** Limit your online time, only accept friend requests from people you know, use privacy controls use your platforms respectfully: "Think" *True – helpful – inspiring – necessary - kind*
- **Talk about followers and what to do if:** someone sends or asks for an inappropriate photo; someone asks your child to go to an unmonitored platform; someone asks to meet your child; demands money from your child.
- **Talk about HT and Cyber Safety when in the news/discussed in school –** use age appropriate language
- **Ask them to share –** who is sending them dms; if they have questions about online engagement; review their privacy settings; talk about followers they know in real life, not just numbers; talk about bullying behavior and how to get help

5 Signs that your Child is being Groomed or Exploited

- **Change of behavior –** how they dress,how they talk, loss of interest in school, sports or other activities.
- **Change in Health & Hygiene –** Loss of weight, stressed, unusual interest in hair/makeup – looking older, style influenced by new friends.
- **Change in social circle –** former friends are gone and new friends are older and not around as much or are only online.
- **Change in Personality –** become secretive, anxious and confused, caught in lies/can't keep stories straight.
- **Change in Schedule/Routine –** meeting up with new friends and gone for prolonged periods of time, spending all free time online.

Resources

CyberTip Canada: Cybertip.ca

Canadian Centre for Child Protection: Protectchildren.ca

CBC – Frontburner: https://www.cbc.ca/radio/frontburner/talking-about-looksmaxxing-9.7110048

Take it down: Takeitdown.ncmec.org

The Anxious Generation – Jonathan Haidt anxiousgeneration.com

Find Missing Ontario Boys - findontariomissingboys.ca

Guelph Police Service: Guelphpolice.ca

Wellington County OPP: Opp.ca

Crime Stoppers Guelph Wellington: Csgw.tips

CSGW Youtube: CSGWtips





Thank you